

Christ the King Catholic School

PE Newsletter

Our PE classes had a busy first quarter. Kindergarten continues to practice their locomotor skills and have been working on balance through various games and activities.

Elementary classes worked on throwing and catching skills through skills practices and games such as Capture the Flag and Fast Ball. Elementary will continue to practice these skills with cooperative games.

Middle school completed a Volleyball and Football skills unit. 2nd quarter we will begin with basketball skills units and hockey units.

Nov. 2024



BE SAFE-BE KIND-BE READY